

DIABETES MANAGEMENT PROGRAM
of
CALVERT HOME HEALTH CARE, LTD.

The **DIABETES MANAGEMENT PROGRAM** of **Calvert Home Health Care, Ltd.** can assist physicians and their patients treat and manage diabetes. Diabetes is a disease in which blood glucose levels are above normal. Most of the food that we eat is turned into glucose, or sugar, for our bodies to use for energy. The pancreas, an organ that lies near the stomach, makes a hormone called insulin to help glucose get into the cells of our bodies. When you have diabetes, your body either doesn't make enough insulin or cannot use its own insulin as well as it should. This causes sugar to build up in your blood. There are 20.8 million children and adults in the United States, or 7% of the population, who currently have diabetes. Diabetes is one of the most prevalent diseases in Texas.

Diabetes can cause serious health complications including heart disease, blindness, kidney failure, and lower-extremity amputations. Diabetes is the sixth leading cause of death in the United States.

Some of the symptoms of diabetes are:

Frequent urination	Sudden vision changes
Excessive thirst	Feeling tired much of the time
Unexplained weight loss	Very dry skin
Extreme hunger	Sores that are slow to heal
Tingling or numbness in hands & feet	

The goals of our **DIABETES MANAGEMENT PROGRAM** for our patients are:

- Reduce / eliminate future diabetic complications
- Patients will understand their diabetes disease process
- Assist the patient in maximizing their quality of life
- Minimize hospitalizations
- Patients will understand how to reduce risk factors
- Maintain target range blood glucose levels
- Coordinate the patient's care plan with the physician

*Please call us for more information about our **DIABETES MANAGEMENT PROGRAM** or if you would like more information about home health care.*

CALVERT HOME HEALTH CARE, LTD.

The choice for quality home health care!

(806) 747-8972

www.chhci.com

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