

“ORTHOPEDIC REHABILITATION”

One of the most common needs for home health care is rehabilitation after major surgery - especially orthopedic surgery, such as knee, hip or other joint replacement surgery. This month we are focusing on educating the public about orthopedic rehabilitation and how Calvert Home Health Care, Ltd. can help individuals more quickly recover their independence. Orthopedic rehabilitation is centered on reestablishing strength and mobility for the patient and our physical therapists are a tremendous help in this important recovery process.

Our patients can expect an individually-tailored plan, under the direction of a physician, that is based on his or her specific rehabilitation needs. Obviously, each patient progresses at a different rate, depending on their diagnosis, their physical condition, and their goals. One of the best parts of this process is that it all takes place in the comfort of the patient's home. Many of the rehabilitation techniques that are taught are based around daily tasks and activities in their own environment.

Our orthopedic rehabilitation program has been developed and refined over many years with the assistance of a number of excellent orthopedic surgeons here in the Lubbock and South Plains area. We would appreciate the opportunity to assist you or your family members who are planning some type of orthopedic surgery!

Please call us at Calvert Home Health Care, Ltd. if you would like any information, or a free in-home evaluation, on this program or any of the other programs offered by Calvert Home Health Care, Ltd.

CALVERT HOME HEALTH CARE, LTD.

*Celebrating 20 years as
the choice for quality home health care!*

(806) 747-8972

www.chhci.com

May 2007

7 locations to serve you

Main Office:

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Fax: (806) 747-8965

Grand Court Office:

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Lubbock, Texas 79424
Phone: (806) 785-4006
Fax: (806) 785-4211

Ventura Place Office:

3026 54th, Suite 315
Lubbock, Texas 79413
Phone: (806) 793-2662
Fax: (806) 793-2636

Carillon Office:

1717 Norfolk, Suite 2105
Lubbock, Texas 79416
Phone: (806) 281-6192
Fax: (806) 791-3415

Elmbrook Estate Office:

5301 66th Street, Rm 1000
Lubbock, Texas 79424
Phone: (806) 783-8878
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Petersburg Office:

1520 Main Street
Petersburg, Texas 79250
Phone: (806) 667-1500
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Littlefield Office:

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